



SOBER DAZE

July - September 2022

A 12TH District Publication

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*"A drunk man never
tells a lie."*

Editor Thoughts

Being Friendly with Our Friends

Fishing at a pond, a nap on the porch, or watching an evening sunset always bring on quiet thoughts. Recently, my thoughts have been on being 'Friendly with Our Friends'. A.A. is not a closed fellowship – our entire committee structure strives to work with those around us. This makes sense as we 'have gained interest in our fellows'.

'Not-God' by Ernest Kurtz is a history of A.A. that is an example of outside partnerships. In this issue is background material about The Jellinek Curve. It is presented as an example of being 'friendly with our friends'.

David J. (Editor)

If you have a topic, story, article, or ideas for Sober Daze, please send it in. This is a We program and we have a lot of recovery between us.

Read Sober Daze anytime by visiting

http://www.augustaaa.org/sober_daze.html

View AA Videos at:

http://www.augustaaa.org/public_service_announcement_videos.html

https://www.aa.org/pages/en_US/videos-and-audios

NOTE: The Gratitude Group is now meeting in their Original large meeting room. (Burgamy Hall). They are Meeting six times a week.



Important Dates in A.A. History

(Details from http://www.a-1associates.com/aa/HISTORY_PAGE/dates.htm and was collected & assembled by Nancy O. of Virginia. This is a Maryland AA History site.)

July 2, 2000: 20 Millionth Big Book given to Al-Anon in Minneapolis

July 4, 1999: He who has a fifth on the fourth may not come forth on the fifth...

July 5, 1985: AA gives Ruth Hock 5,000,000th Big Book during 50th AA Anniversary in Montreal, Canada

July 5, 1990: AA gives Nell Wing 10,000,000th Big Book during 55th AA Anniversary in Seattle, WA

July 7, 1940: Bill attends 1st Summer Session at School of Alcohol Studies at Yale University

July 10, 1941: Texas newspaper publishes anonymous letter from founding member of Texas AA Group

July 14, 1939: Blythewood Sanitarium Dr Harry Tiebout gives Big Book to Marty M. who promptly throws it back at him

July 14, 1979: Dr. Ernest Kurtz publishes NOT-GOD, History of AA

July 23, 1940: Philly AA's send 10% of kitty to Alcoholic Foundation, sets precedent

August 1, 1946: Washington Times-Herald (DC) reports on AA clubhouse, to protect members anonymity, withholds address

August 11, 1938: Akron & NY members begin writing stories for Big Book

August 15, 1890: E. M. Jellinek is born, author of The Disease Concept of Alcoholism and the Jellinek Curve

August 16, 1939: Dr Bob and Sister Ignatia admit 1st alcoholic to St Thomas Hospital, Akron, Ohio

August 25, 1943: AA group donates Big Book to public library in Quincy, MA

August, 1934: Rowland H and Cebra persuade court to parole Ebby T. to them.

September 13, 1941: WHJP in Jacksonville, FL airs Spotlight on AA

September 30, 1939: Morris Markey runs story on AA, Alcoholics and God in Liberty Magazine

September 1946: Bill & Dr. Bob both publicly endorsed National Committee Education Alcoholism founded by Marty M.

A.A. Biography

E. M. Jellinek

Jellinek was born in New York City of a Hungarian father and an American mother in 1890. His mother, Rose Jacobson, was a soprano, famous in the United States and Europe under the stage name Marcella Lindh. Shortly after Morton's birth, his father, Marcell Jellinek, moved the family to Budapest, Hungary, to take over the family transportation business.

Jellinek's work with alcoholism began in 1931. 1939, he joined the Research Council on Problems of Alcohol. Jellinek was elected to the editorial board of the newly established Quarterly Journal of Studies on Alcohol on February 26, 1941. By 1951, Jellinek was employed by the World Health Organization in Geneva, Switzerland. Following his consulting work, Jellinek was sponsored by the Christopher D. Smithers Foundation to write his highly influential book, *The Disease Concept of Alcoholism*, published in 1960.

The Jellinek curve

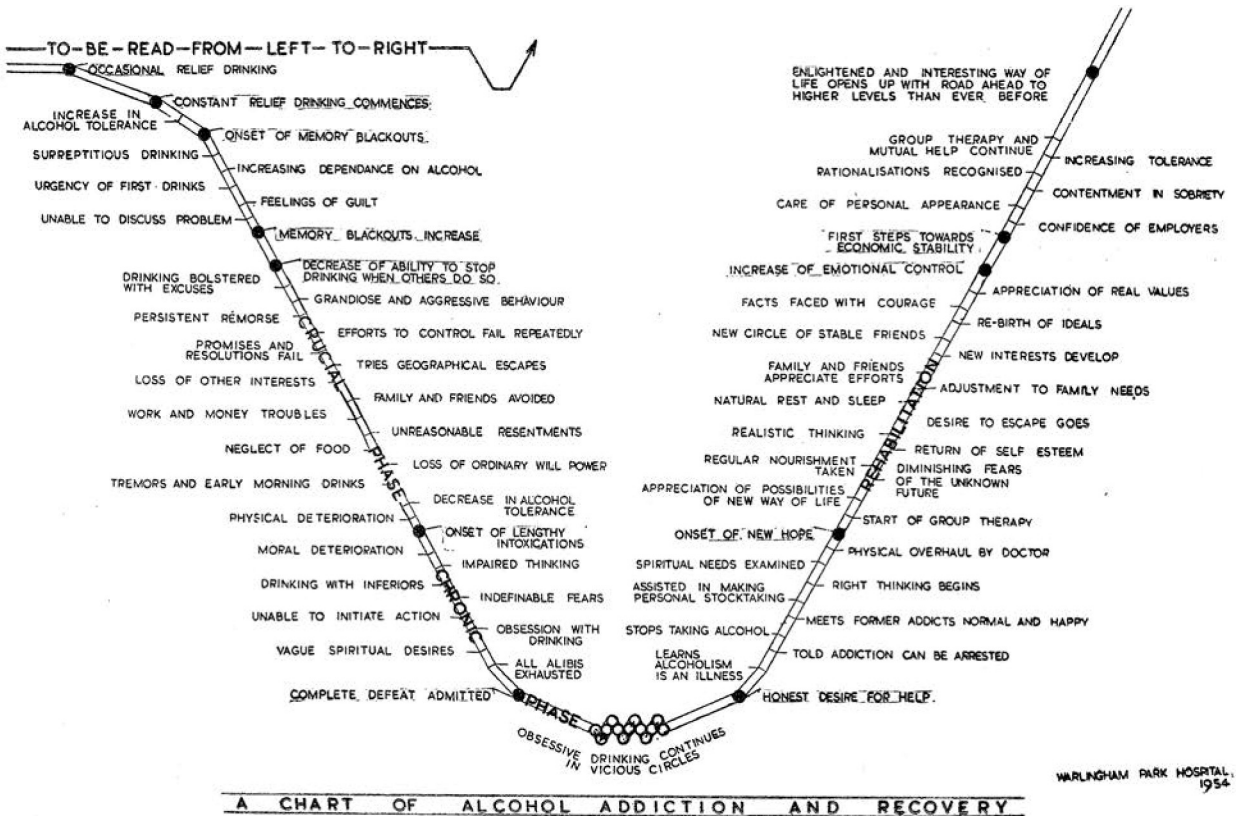
Perhaps Jellinek's most widely disseminated contribution to the field of alcohol studies was his concept of the "progressive phases of alcoholism," popularly referred to as the "Jellinek curve." It has been modified and applied to various addiction disorders over the years. Jellinek's fascination with the progression of alcoholism began after the publication of his "Phases in the drinking history of alcoholics". The study was controversial: It relied on a questionnaire sent to the 1,600 subscribers of *Alcoholics Anonymous' Grapevine* magazine, and only a small sample—98 hand-chosen by Jellinek from 158 received—figured into the analysis. Still, it was enough to convince him that the progression of alcoholism followed a discernible pattern. In 1950, an initial sketch (literally!) of what the progression looked like was presented to an audience at the eighth annual Yale Summer School of Alcohol Studies.

Jellinek later developed a more detailed questionnaire that he administered to more than 2,000 male alcoholics. Originally published as an annex to a 1952 World Health Organization report, Jellinek's "Phases of Alcohol Addiction" elaborated on what he took to be the four phases every alcoholic's disease progression, along with corresponding physical and mental characteristics.

The Jellinek Curve

Taking a lesson from the Big Book, we A.A. members do like to be ‘friendly with our friends’. This does require that we listen to their opinions and comments with an open mind, as willingness to learn and open-mindedness are essential to reaching and maintaining sobriety.

Throughout A.A., there are numerous references to ‘The Jellinek Curve.’ An early version is listed below. While developed by an academic, this curve does closely resemble our own travels as an alcoholic. This resource is presented as information only, as it is a possible resource to the Big Book.



AA GRAPEVINE'S CONTRIBUTIONS TO AA

The Grapevine has recorded the growth of AA and introduced many of the principles of the program and tools of sobriety, including the Traditions, the Preamble, the Slogans, and the Serenity Prayer.

The Twelve Traditions

In response to some of the pressing problems of the day facing AA groups, Bill W. wrote the "Twelve Suggested Points for AA Tradition," laying out the framework of what would become the Traditions. This historic piece was published in the April 1946 issue of the Grapevine.

The Preamble

As interest in the new Fellowship grew, the Grapevine editors wrote a brief definition, making the nature of the AA Fellowship clear to both members and nonmembers. The AA Preamble, in two concise paragraphs setting forth what AA is and what it is not, made its first appearance in the June 1947 issue.

The Slogans, the Serenity Prayer, and the Man on the Bed

Many of the sights and sounds familiar to us in AA meetings today were first introduced in the Grapevine.

After seeing the Serenity Prayer in a newspaper in 1942, Bill W. and the early AAs had the Serenity Prayer printed on cards and included in all AA correspondence. By publishing it in early issues, the Grapevine helped usher it into general use within the Fellowship. The prayer has been a regular part of the magazine's format since July 1967. The slogans first appeared in their now familiar hand-lettered form in late 1956 and early 1957 issues of the Grapevine. Each was reproduced on the inside back cover and accompanied by an article about it. The painting, "The Man on the Bed," was created for the December 1955 issue of the Grapevine. It is treasured by many AAs as a reminder of Bill W. and Dr. Bob's Twelfth-Step visit to AA number three and as a symbol of Twelfth Step activity. The Grapevine recently issued a new color reproduction of the painting.

Responsibility Declaration

The Responsibility Declaration was written for the 1965 International Convention in Toronto by Al S., a former Grapevine editor and trustee. Bill W. expanded on the theme in an essay called "Responsibility Is Our Theme" for the July 1965 Grapevine. It became a regular feature of the Grapevine shortly thereafter.

Big Book Stories

More than a dozen stories in the second, third, and fourth editions of the Big Book were first published in the Grapevine, as were the stories in AA in Prison: Inmate to Inmate and many quotations in As Bill Sees It. Over the years, the Grapevine also has provided articles for several AA pamphlets including "Problems Other Than Alcohol" and the Traditions Checklist.

Source: <https://www.aagrapevine.org/aa-grapevines-contributions-aa>

Group Meetings Come Celebrate with Us!

If you are in need for a fun time with great friends, visit with a District Group and celebrate the miracles of recovery.

<u>Group</u>	<u>Founded</u>	<u>Celebrates</u>	<u>Group</u>	<u>Founded</u>	<u>Celebrates</u>
			Live and Let Live Group		
Alpha Group	2/27/1973		Lumpkin Road	12/6/2014	
Awesome AAs			Martinez	7/31/1980	
Downtown Club	8/31/2009		Men's Group	7/31/1980	
Early Bird Group	1/1/2015		Mid Day Group	6/1/2001	
Evans	2/3/1995	Every Thursday	National Hills	11/18/1985	
First Step	3/25/1974		New Beginning	12/17/1982	Celebrant Chooses
Forest Hills	9/6/1963		New Perceptions	3/ /2002	Last Friday: Chips @ 7:45, Meeting @ 8:00
Gratitude Group	1/16/2006	Last Friday @ Noon	No Nipping Nooners	12/13/1989	Celebrant Chooses
Happy Hour	8/31/1988	First Saturday at 8:00 P.M.	Path to Freedom	3/ /2002	Last Friday: Chips @ 7:45, Meeting @ 8:00
Harlem	10/1/1989		S.H.E. Group	1/ /1989	
Hephzibah	12/1/1989	Last Friday @ Noon	Southside	5/26/1972	
Hill	12/27/1966	First Saturday at 8:00 P.M.	Sunlight of the Spirit	7/12/2009	
In Step	2/5/1991		Thomson Group	9/6/1949	Last Saturday: 7:00 Eating / 8:00 Mtg
Just for Today	12/1/1989		Too Sleepy to Drink	4/1/2008	
Last Call Group	3/6/2002		Warrenton		
Leah Group	8/25/2009		Washington	5/1/1982	Person Picks: 6:00 Eating / 7:00 Meeting
Liberty Street Group	12/6/2014		West Town AA	4/1/2008	

Events of Interest to District 12

July 10	District Business Meeting @ 2:00 P.M.
August 14	District Business Meeting @ 2:00 P.M.
September 8-11	Sober Bash at Wildwood Park (Weekend after Labor Day)
September 11	District Business Meeting @ 2:00 P.M.
September 16-18	GSSA Service Assembly, Oconee Fall Line Technical College, Dublin
September 24	Thomson Group Celebrates 73 Active Years
October 9	District Business Meeting @ 2:00 P.M.
October 21-23	Georgia's 67 th Pre-Paid Convention, at Dublin
November 13	District Business Meeting @ 2:00 P.M.
December 11, 1934	Bill W.'s Sobriety Date
December 11	District Business Meeting @ 2:00 P.M.

**Service Opportunity at Serenity Behavioral Health Center Wednesdays at 6:00 P.M.—
Please arrive by 5:50 P.M. to park and sign in**

January— New Perceptions Group	February—The Hill Group
March— Too Sleepy to Drink Group	April—Forest Hills Group
May—New Perceptions Group	June—Martinez Group
July—National Hills Group	August—Gratitude Group
September—Thomson Group	October—Evans Group
November—New Perceptions Group	December—National Hills Group

Contact Tyrone at 917-860-8773 for questions and to volunteer.

Founders Day Celebration 2022

Planning for Founders Day 2022 was a great success! The funding goal for 2023 is \$1,300 (including a \$300 Prudent Reserve). Helping now will make 2023 a great deal easier to plan. Your Group or Individual support is requested for the \$1,300 needed. Small contributions today helps make easy planning in 2023.

GOAL: \$ 1,300

Please consider a contribution—the sooner we meet our goal, the easier planning will be.

Central Office Activities			
<i>Central Office Activity</i>	<i>Past 12 Months Total</i>	<i>Monthly Average</i>	<i>Last 3 Months Total</i>
Calls to Answering Service	1,245	104	216
AA Calls to Central Office	764	64	168
AI-Anon Calls to Office	32	3	6
Other Calls to Office	42	4	6
Visitors to Central Office	1,197	100	207
Total Office Contacts	3,280	273	603
AA Literature / Items Sales	\$12,519.72	\$1,043.31	\$2,595.47
Other Literature/Items	\$9,138.97	\$761.58	\$2,380.47
Total Central Office Sales	\$21,658.69	\$1,804.89	\$4,975.94
<i>Web Site Activity</i>			
Web Site Visits	45,376	3,781	9,127
Search Hits	173,829	14,486	38,018

Announcement on Anniversaries

The Editor has worked, since assuming the position, to highlight sobriety celebrations in District 12. This takes assistance from District 12 Groups to provide sobriety date information. Upcoming Anniversaries are listed below.

Evans Group			Thomson Group		
Name	Sobriety Date	Days Sober	Name	Sobriety Date	Days Sober
Anmarie K	07/11/16	2,190	Brandy S	07/04/20	736
Linda D	07/14/07	5,475	Trish J.	07/19/13	3,278
Neal T	07/23/02	7,292	Michelle Y	07/31/21	344
Skylar C	07/24/21	351			
Starr S	07/25/15	2,542			
Tina D	07/06/87	12,788			
Amanda J	08/15/15	2,521	Chuck B	08/04/17	1,801
Marcie H	08/14/18	1,426	Dottie T	08/04/17	1,801
Nick T	08/07/17	1,798	Grace B	08/10/21	334
Tasha E	08/03/00	8,011	Vanessa N	08/10/18	1,430
Wendy M	08/04/09	4,723	Ryan K	08/13/20	696
Curt M	09/29/15	2,476	Terrence T	09/24/21	289
Hope S	09/21/18	1,388			
Katie I	09/05/95	9,805			
Katy C	09/11/20	667			
Marilyn B	09/22/96	9,422			
Richard E	09/29/17	1,745			
Tonya L	09/18/21	295			

Central Office Volunteer Opportunities are

Available in the Central Office. Just call the Central Office at 706-860-8331.

Service Committees need great people as well. If you have a special burning desire to be of service, one of our Service Committees has experiences just waiting for you. Call 706-860-8331 for details.

The Poetry and Literature Section

Because, as we find on page xxx **“They are often able, intelligent, friendly people.”** (Editors note: I am, but humility keeps me from bragging about it.)

Jack be Simble

Jack be simple.

Jack be quick.

Jack got drunk.

Jack was sick.

Jack got a problem.

Jack got a curse.

Jack don't stop.

Life's gonna get worse.

All the long therapy.

All the time away.

Couldn't keep Jack

From going astray.

Jack don't listen to

What they said.

Jack just might

end up dead.

Johnny M., Home for Dinner Group, Suffolk Intergroup

We all remember talking like that! “But we aren't a glum lot. If newcomers could see no joy or fun in our existence, they wouldn't want it.” pg. 132.

Top 10 List— Sections of the Big Book

12. The Doctor's Opinion
11. Bill's Story
10. There is a Solution
9. More About Alcoholism
8. We Agnostics
7. How it Works
6. Into Action.
5. Working with Action
4. To Wives
3. The Family Afterward
2. To Employers
1. A Visiton for You

It is noted that there are twelve Sections.

Sober Daze

The Sober Daze committee works to distribute the Sober Daze newsletter four times a year. This publication is a means of developing and maintaining A.A. Fellowship beyond the Group level. The newsletter is available in printed format for Faithful Fivers, printed copies to Groups, and through the Central Office web site. The greatest needs for the publication are:

1. Articles from A.A. members of Districts 12A and 12B.
2. Information about Group founding dates and anniversary celebration dates.
3. Events of Interest in the Augusta area, Georgia, and the United States.

For service opportunities, please email: 12thdistrictcentraloffice@comcast.net

I Get by With a Little Help From My AA Pamphlet

The Central Office is one of the few in the nation with full-time staffing and a wide variety of AA approved literature.



P-53 The Co-Founders of Alcoholics Anonymous

Alcoholics Anonymous just celebrated its 87th birthday. Being a long established organization, the fact is that the founding struggles of the first members as well as the organization move further and further away. Being that relating to one another is so important, not knowing our history is a problem.

This pamphlet provides brief biographical sketches of Bill W. and Dr. Bob, together with their last major talks. The last talk of Dr. Bob is seen by many as one of the most important spiritual speeches of A.A.

Faithful Fivers

Thank you for supporting the Central Office!

Denney B	Kathryn Z	Rosanne G
Jim & Billie B	Jimmy & Tammra H	Linda S
Cathy C	David J	Last Call Group
Bruce/Kathy D	Pat J	Gene/Judy T
David W	Rosemary M	Sara R
Cleveland J	Tony B	Frank W
Traylor J	Lisa S	Blake J
Katy & Fred I	Ellen W	Ranscine R
Dan W	AVAILABLE!!!	Margie S
Neil T	Gratitude Group	AVAILABLE!
AVAILABLE!!	AVAILABLE!!	AVAILABLE!!

Enroll in the Faithful Fivers

“Faithful Fivers” are A.A. members who, in gratitude, contribute five dollars a month toward supporting the 12th District Central Office. With this support, the Central Office pays for the printing of this publication and making it available to the suffering alcoholic. When you enroll as a supporter, each issue will be delivered to your home.

Payment Plan

I agree to pledge, and here is my donation of \$ _____ for _____ months.

Name: _____

Address: _____

City: _____ **State:** _____ **ZIP:** _____

Phone Number: _____ **Sobriety Date:** _____

Make checks payable to:

12th District Central Office
113 Camilla Ave.-Martinez
Augusta, GA 30907
(706) 860-8331

Thank you for your support!!

**12th District Central Office
113 Camilla Ave- Martinez
Augusta, GA 30907-3406**

